

EXPLORING THE ART OF EMOTIONS & SYMBOLS

BY

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1. How well do you know your character?
2. What is your character's personality?
3. What is the opening hook to your story?
4. How do you end the first scene?
5. How does your character show surprise?
6. How does your character show fear?
7. How does your character show anger?
8. How does your character show sadness?
9. How does your character show disgust?
10. How does your character show happiness?
11. How does your character show contempt?
12. In your story, how are you controlling emotive conflict through POV?
13. Write a scene in which your story benefits from a distant emotive POV?
14. Write a scene in which your story benefits from a mid-point emotive POV?
15. Write a scene in which your story benefits from a close emotive POV?
16. Write a scene in which your character wants what he/she has been told is impossible.
17. Show your character dealing with surprise, fear, anger, sadness, disgust, happiness, and contempt.
18. How can you show emotive conflict with the five senses in your story?

19. Ensure every hook sentence, beginning and ending of each scene, contains powerful emotions.
20. How does your character react to various colors?
21. What is your genre?
22. What specifics apply to your genre that applies to emotions?

Emotion Writing Tips

1. **The depth of every story focuses on emotion.** Our readers open a book to experience an adventure through an entertaining novel entertainment. They want to feel the story, and that requires a writer incorporating credible emotion.
2. **Emotive conflict, emotions in conflict within a character, keeps the reader turning pages.** Writers strive to have some type of emotional controversy in every sentence.
3. **Not every character processes the seven universal emotions alike.** We are all unique according to our genetic makeup, life experiences, and the choices we make. Strive for the unpredictable response that adds credibility to the character's traits.
4. **Sensory perception allows the character to internalize feelings through memory and specific language.** A character relies on one or more of the five and sometimes six senses to process the how and way of what's been presented to them.
5. **Our ears are trained to receive words positively or negatively according to the consonant or vowel sounds and the manner in which they are presented.** Characters receive the word choice based on the speaker's communication skills and how the character has experienced the word or sound in the past.
6. **We associate emotions with symbols, a tangible item that represents something entirely different.** Not every object in our stories have a psychological meaning. For a symbol to have a valid impact to the story, it must must resonate with the character.
7. **Color influences emotion according to the character's personality, mood, and understanding of the world around him/her.** Use color wisely to show individual psychological interpretation of what is happening in the story.
8. **For a writer to write effective character emotions, he/she must first have experienced the same feelings and worked through the pain.**

Recommended Books

- *The Conflict Thesaurus* Angela Ackerman and Becca Puglisi
- *The Emotion Thesaurus* Angela Ackerman and Becca Puglisi
- *Revisions and Edits* James Scott Bell
- *I know What You're Thinking* Lillian Glass, Ph.D
- *Story Trumps Structure* Steven James
- *Dialogue* Gloria Kempton
- *The Emotional Craft of Writing* Donald Maass
- *The Fire in Fiction* Donald Maass
- *The Emotional Craft of Fiction* Donald Maass
- *Exploring the Art of Character* DiAnn Mills
- *Exploring the Art of Emotion & Dialogue* DiAnn Mills
- *Exploring the Art of Plotting* DiAnn Mills
- *Painted Paragraphs* Donald Newlove
- *The Power of Body Language* Tonya Reiman