

Memoir Workshop Handout

So, when they were filled, He said to His disciples, "Gather up the leftover fragments so that nothing will be lost. John 6:12 (NKJV)

History will be kind to me, I intend to write it. Winston Churchill

Ten Do's and Don'ts About Memoir Writing

- Do know what memoir writing is.
- Do understand that memoir writing is hard.
- Do tell a great story.
- Don't confuse memoir writing with therapeutic journaling.
- Do entertain.
- Don't write a memoir to simply tell your health-related story.
- Don't ramble on about every detail.
- Do focus on an experience that is unique and unique to you.
- Do consider all types of publishers.
- Don't become discouraged.

Five Reasons to Write a Memoir

- To preserve fragments of your life for yourself.
- To preserve fragments of your life for your family and future generations.
- To gather fragments of history.
- To help others gather fragments of their lives.
- To help or bless someone who reads it.

Scripture where God told people to write something down: Rev. 1:19, Habakkuk 2:2, Jeremiah 30:2, Isaiah 8:16, Isaiah 8:1, Deuteronomy 27:8. (I'm sure there are others.)